

County of San Diego Health and Human Services Agency

Behavioral Health Division

Overview of Services for Military, Veterans, and Families

Population Overview

- California has the largest concentration of military personnel and dependents of any other State. San Diego County has the largest concentration of military personnel within California. There are approximately 110,700 Active Duty personnel and 118,300 family members, which represents 7.6 percent of San Diego County's total population.
- An estimated 60.7 percent (71,759) of military families in San Diego County are children.
- Incidence of divorce and child abuse among military families is considerably higher than the general population.
- Approximately 33 percent of severe abuse cases referred to CWS involve military families; and 50 percent of deaths related to child abuse occur in military families
- In December 2012, the top 5 needs of military families are:
 - Shelter/Affordable Housing (17% of homeless in San Diego are Veterans)
 - Employment Assistance (National unemployment rate for veterans is 9.1%; It is 11.5% in San Diego for Iraq/Afghanistan veterans)
 - Individual and Family Services
 - Legal Assistance
 - Outpatient Mental Health Services

Behavioral Health

- Approximately 300,000 (nearly 20%) of veterans returning from Iraq/Afghanistan suffer from either PTSD or major depression. These numbers are climbing.
- An additional 320,000 may have experienced traumatic brain injuries during deployment
- PTSD is the fourth most common service-related disability
- Veterans are more than twice as likely to commit suicide as the general population
- By the end of 2012, the rate of deaths by suicide among active duty military personnel exceeded the number of deaths in battle and is up 18% from 2011.

Services Provided by the County of San Diego, HHSA Behavioral Health Division

Veterans may be served in all BHS programs, as long as they meet all other program criteria. The amount of veteran/military families in our mainstream programs is fairly small.

- Out of a total 11,138 Adult PEI Participants in FY 11-12, 548 (4.9%) reported having served in the military.
- Out of 38,189 participants in Children Youth and Family PEI programs in FY 11-12, 4,939 (16%) of caregivers had a history of military service,
- Of 916,223 completed Behavioral Health Assessments entered into Anasazi since October 2008, 3,830 (0.4%) included data in the military comments section
- Per SanWITTS. 607 of 10,397 (5.8%) individuals admitted into alcohol and drug programs self-identified a veteran/military connection.

Our Veteran-Specific Programs

Veterans Village of San Diego/AOD Residential Services	
Location/Hours	4141 Pacific Highway, San Diego, CA 92110 Residential 24/7 hour program - Office Hours from 8 am - 5 pm (619) 497-0142
Brief Description of Program/Service	Provide residential and adult alcohol and other drug (AOD) treatment, recovery and ancillary services to individual adults with alcohol and other drug-induced problems

Annual Budget	\$786,451
Funding Source	General Population – County Fund (Other), SB 920, Statham Funds, AB 109
Number of Population Served Annually	<ul style="list-style-type: none"> • Total Program Capacity: 185 Licensed Beds serving Veterans only • Up to 350 unduplicated individuals are served annually by the program • County HHSA funds 45 General Population beds in residential treatment and 11 AB109 beds in residential treatment.
Community Partners	Family Health Services, Jewish Family Service, Saint Vincent de Paul, Crisis House, VA, HUD, City of San Diego, and Volunteers of America.
Courage to Call Helpline	
Location/Hours	Helpline open 24 hours a day/7 days a week.
Brief Description of Program/Service	<p>There are three areas of service:</p> <ul style="list-style-type: none"> • A veteran-staffed 24/7 helpline, (2-1-1), that links military members, veterans, and their families to resources, information and support outside traditional veteran and military channels. Courage to Call helpline and staff are experienced and familiar with military life and culture. • A Veterans liaison provides community outreach, education and networking for veterans and families • The Veterans Treatment Review Court (VTRC) is a voluntary program that veterans facing incarceration may participate. Graduates see their relevant criminal acts removed from their records. These services are provided for all active, non-active military regardless of their discharge status.
Annual Budget	\$1,000,000
Funding Source	Mental Health Services Act (MHSA)
Number of Population Served Annually	Approximately 4600 are helped through the program's helpline (2-1-1), approximately 8,000 are assisted through outreach efforts. 21 veterans participated in the Veterans Treatment Review Court in its first year (2/2011 – 2/2012)
Community Partners	Extensive list of community partners provide services via referral
Positive Parenting Program (PPP)	
Location/Hours	285 North El Camino Real, Suite 211, Encinitas, CA 92024 M-F 8 am – 4:30 pm
Brief Description of Program/Service	A unique collaboration between Jewish Family Service of San Diego and the County of San Diego. The PPP program is working with Head Starts and Early Head Starts to provide prevention and early intervention services to parents with a focus on communities with a high military population. PPP designed a unique curriculum that helps parents recognize stresses and seek support.
Annual Budget	\$1,200,000
Funding Source	Mental Health Services Act (MHSA)
Number of Population Served Annually	1,125 total children with a minimum of 225 to be military children
Community Partners	See Program Description above
Network of Care (NOC) Website	
Location/Hours	NOC Website open 24 hours a day/7 days a week. at http://sandiego.networkofcare.org/veterans/
Brief Description of Program/Service	The County of San Diego has joined with counties across the nation to launch a Veteran's NOC website that offers veterans and their families specific information on mental health resources. In 2012, a job board feature was added to help reduce unemployment among veterans.
Annual Budget	Total website cost is \$73,000 plus amounts TBD for County-initiated major enhancements for three websites under the Network of Care umbrella with no specific amount identified for the Veteran's site alone.
Funding Source	Mental Health Services Act (MHSA)
Number of Population Served Annually	For the first 3 quarters of 2012, there were close to 8,100 hits on the Veteran's website. In addition, Since its introduction earlier this year, the San Diego NOC Jobs Board has seen 1,867 page views.
Vet/Fam Regional Forum Meeting	
Location/Hours	Meets monthly – 1st Wednesday of each month. 03:00 pm – 04:30 pm at 3255 Camino del Rio South, San Diego, CA 92108
Brief Description of Program/Service	This forum is run by veterans and veteran programs. CoSD provides administrative support. Presentations are made to the Forum by organizations that serve the military and their families to educate them on what is available. Discussions occur on current issues affecting the military, families, veterans, National Guard and reservists.
Annual Budget	\$-0-